



MADAMME PIEROGI

POLAND AS A SUPERHERO

MADAMME PIEROGI'S POWERS

POPULATION		37,8 M hab.	POP. GROWTH		-3,76 %
AREA		306,2 K km²	DENSITY		124 hab/km²
WEALTH		25,1 K \$/hab	LITERACY		99,8 %
LARGEST CITY		Warsaw	URBAN POP.		59,7 %
LIFE EXPECT.		79,15 años	MEDIAN AGE		43 años
HIGHEST PEAK		Rysy	LARGEST RIVER		Vistula
RAINFALL		550 mm/m²			

LANGUAGES

Polish

CURRENCY

Esłoti

GOVERNMENT

Parliamentary republic

RELIGION

Catholic Christians

DEMONYM

Polish

● WHAT DEFINES POLAND

White eagle

NATURE

Poland's national symbol and an expression of sovereignty. It embodies centuries of struggle to preserve national identity and regain independence after partitions and foreign occupations.

Catholicism

CULTURE

Catholic faith is deeply intertwined with Polish identity. During periods of foreign domination and communism, the Church also provided community, refuge and a powerful symbol of resistance.

Pierogi

CUISINE

Poland's most recognizable dish and an essential part of its home cooking. They represent family traditions, meals shared around the table and recipes passed down through generations.

Chopin

PERSON

One of Poland's greatest cultural symbols. His music incorporated Polish rhythms and folk elements, transforming national sensibility into an artistic language recognized and admired worldwide.

Winged Hussars

HISTORY

An icon of old Poland and its military tradition. It represents the Polish-Lithuanian Commonwealth, the power of its cavalry and a historical memory closely associated with national pride.

Amber

CULTURE

Baltic amber is deeply connected to Polish history and craftsmanship. It represents the country's relationship with the sea, ancient trade routes and a craft tradition that remains alive today.

● PLACES TO EXPLORE

Warsaw

1.882.756 pop.

Warsaw, the capital of Poland, lies on the banks of the Vistula River, at a strategic point amidst plains and lakes. Destroyed during the Second World War, it has risen again as a symbol of resilience. Today, it combines history in its Old Town, a UNESCO World Heritage Site, with modernity in its skyscrapers and cultural centres. A fascinating city waiting to be discovered!

Krakow

769.354 pop.

Krakow, situated in southern Poland on the banks of the Vistula River, is a city with a rich history and vibrant culture. The country's former capital, it is renowned for its stunning medieval architecture in the historic centre—a UNESCO World Heritage Site—and its proximity to iconic sites such as Auschwitz.

Lodz

644.873 pop.

Lodz, situated in the heart of Poland, is a vibrant city with a rich industrial and cultural history. It is renowned for its 19th-century architecture, fascinating museums such as the Manufaktura, and its famous Piotrkowska Street, which is lined with shops and restaurants.

Gdansk

465.486 pop.

Gdansk, situated on Poland's Baltic coast, is a city with a rich maritime history. Known for its Hanseatic architecture and its major port, Gdansk played a key role in events such as the outbreak of the Second World War and the Solidarity movement. Highlights include the Old Town and the Gdansk shipyard.

● GEOGRAPHY OF POLAND

Tatra Mountains

The Tatra Mountains, situated on the border between Poland and Slovakia, form the highest mountain range in the Carpathians. On the Polish side, they offer spectacular alpine landscapes, ideal for hiking and skiing. The Tatra National Park protects their rich biodiversity, including species such as the brown bear and the chamois.

Białowieża Forest

The Białowieża Forest, situated on the border between Poland and Belarus, is one of Europe's last and largest primeval forests. This site, designated a UNESCO World Heritage Site, is home to exceptional biodiversity, including the European bison, the continent's largest land mammal. Its preservation is crucial for the conservation of our natural heritage.

Península de Hel

The Hel Peninsula, situated to the north, is a narrow strip of land between the Baltic Sea and Puck Bay (150 metres wide at its narrowest point). Characterised by its extensive sandy beaches and dunes, it is an important corridor for various migratory birds travelling between northern and southern Europe.

● EXTRAORDINARY PLACES

Keep exploring at supergeokid.com

● Bialowieza Forest

NATURAL TREASURE

● Wieliczka

ANOTHER PLANET

● Poland disappeared

CHANGED THE MAPS

● Twisted Forest

ANOTHER PLANET



All resources are free to use for educational purposes.

Please link to supergeokid.com

If you would like more information about this country, visit supergeokid.com