



- 01 The land of a thousand lakes and dense forests.** Finland is covered by an immense number of lakes and vast expanses of conifers that define its natural landscape.
- 02 An ancient tradition for family relaxation.** The sauna has been part of Finnish daily life and culture for centuries as a space for togetherness.
- 03 The magical northern land inhabited by reindeer.** Lapland occupies the northernmost part of the country, offering snowy landscapes and serving as the traditional home of the Sámi people.
- 04 Ice hockey awakens national passions.** This sport is one of the most popular in the territory and constitutes an important source of pride thanks to its international successes.
- 05 A mighty river crosses a large part of the territory.** The Kemijoki reaches 550 kilometers in length, becoming the longest river course in the country.
- 06 A capital with an impressive sea fortress.** Helsinki, located next to the Baltic Sea, houses the historic Suomenlinna complex among islands, parks, and modern architecture.
- 07 The oldest city changed its location two centuries ago.** Turku was the capital of Finland until 1812 and preserves medieval monuments such as its castle and cathedral.
- 08 A famous epic poem forged the national identity.** The Kalevala gathered stories from oral tradition in the 19th century, helping to build a distinct literary culture.
- 09 The famous red houses adorn a beautiful municipality.** Porvoo stands out for its medieval old town along the river, reflecting the historical coexistence between Finnish and Swedish cultures.
- 10 An arctic territory where the sun does not set.** During the summer weeks in Lapland, the sun remains permanently above the horizon without ever setting.

